

SWGC

SIGMOID WOMEN'S GOLF CLUB

WELCOME TO SWGC!

WE WANT TO CREATE A CLUB THAT IS COMFORTABLE FOR YOU, TO MEET FRIENDS, LEARN A NEW SPORT, IMPROVE AT THAT SPORT AND HAVE A GAME FOR LIFE!

WE DON'T WANT TO GET HUNG UP ON RULES, BEING COMPETITIVE, WHAT YOU WEAR, OR WHERE TO STAND... AS LONG AS YOU ARE SAFE AND HAVING FUN, WE ARE HAPPY!

SWGC MEMBERSHIP INCLUDES INDIVIDUAL LESSONS BECAUSE WE WANT YOU TO LEARN THE GREATEST GAME THERE IS, SO YOU CAN PLAY WITH YOUR FRIENDS AND FAMILY.

YOUR MEMBERSHIP ALSO INCLUDES A WEEKLY PRACTICE SPOT, SO YOU CAN PRACTICE WHAT YOU LEARN IN YOUR LESSONS AND GET TO GRIPS WITH THE GAME.

IF YOU GET BETTER, AND WANT TO GET COMPETITIVE, GREAT. WE WILL HELP YOU FIND A CLUB (OR, MAYBE YOU HAVE ONE ALREADY). BUT, SWGC IS ALL ABOUT GETTING STARTED.

WE'LL BREAK THE YEAR INTO TWO SEASONS;

- SUMMER SEASON: MAY 1 TO SEPTEMBER 31
- WINTER SEASON: OCTOBER 1 TO APRIL 31

FOR BOTH SEASONS, WE AIM TO:

- HOST A MONTHLY MEDAL IN SIGMOID HQ - WEEKEND SLOTS. THESE WILL BE AVAILABLE IN 3 BALLS (3 PEOPLE PER SIM) & THEY WILL BE 90 MINUTE GAME FORMATS - THE FIRST ONE FOR YOUR DIARY IS MAY 19TH.
 - JUST SEND US YOUR PREFERRED TIME AND WE WILL GET YOU INTO A 3 PERSON TEAM FOR 6-9 HOLES AROUND THAT TIME.
 - THE TEAMS WILL CHANGE EACH MONTH - ONE OF OUR VALUES AT SWGC IS TO MEET NEW PEOPLE. WE WILL ALSO MOVE INTO FORMALISING SOME OF THESE GAMES INTO COMPETITIONS AT A LATER STAGE.
 - THE FORMATS WOULD BE WHAT WE DEEM AS THE MOST TIME FRIENDLY & NON-COMPETITIVE. E.G. TEAM EVENTS/SCRAMBLES - JUST FUN FOR THE FIRST WHILE AND THEY ARE A GOOD WAY TO LEARN THE GAME, KEEP SCORE AND UNDERSTAND THE RULES.
 - THE COURSES WILL ALSO CHANGE EACH MONTH.



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- WE WILL PROVIDE YOU WITH INDIVIDUAL 30 MINUTE LESSONS (*VALUED AT €50.00 PER LESSON*). THE IDEA BEHIND THIS IS THAT WE ARE A CLUB THAT IS ALSO INVOLVED IN HELPING THE MEMBERS TO PLAY BETTER AND ENJOY THE GAME. IF WE CAN HELP YOU IMPROVE, YOU WILL HIT THAT STANDARD WHERE THE GAME BECOMES FUN AND ENJOYABLE AS WELL AS MOST INTERESTING. YOU CAN ALSO PLAN TO DO THESE WITH YOUR SWGC FRIENDS IF YOU WOULD LIKE!
- WE WILL OFFER YOU A WEEKLY PRACTICE SLOT, YOU PICK YOUR TIME AND BOOK IT ONLINE OR IN PERSON.
 - THIS WILL INCLUDE A 30 MINUTE SIM RENTAL & PUTTING PRACTICE FOR YOU EACH WEEK TO WORK ON YOUR GAME AND PUT THOSE LESSONS INTO PRACTICE. WE FEEL BETWEEN YOUR LESSONS, YOUR PRACTICE SESSIONS AND YOUR MONTHLY EVENT THAT WE ARE SETTING YOU UP FOR SUCCESS! (YOU ALSO HAVE THE OPTION TO BRING A FRIEND TO YOUR PRACTICE SESSION FOR JUST €10.00)
- PLAN VARIOUS YOGA AND PILATES CLASSES (BASED ON SWGC MEMBER DEMAND).
- INCLUDE YOU IN OUR COFFEE LOYALTY PROGRAM.
- SUPPLY YOU WITH (IF NECESSARY) SPECIAL SWGC BEGINNER/IMPROVER CLUBS (7 CLUBS PLUS A BAG!) FOR VERY GOOD VALUE AND BUILT BY OUR RESIDENT CLUB FITTER.
- ORGANISE SOCIAL NIGHTS/PRIZE PRESENTATIONS (2-3 PER YEAR).

THE SUMMER SEASON WILL ALSO INCLUDE:

- 2x 9 HOLE ON-COURSE EXPERIENCES! WE WILL SET UP TEES, MANAGE THE TIMESHEET AND BE WITH YOU ON THE COURSE TO ENSURE YOU HAVE AN ENJOYABLE EXPERIENCE.



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SUMMER SUNDAY TEAM EVENTS:

- 3.00PM - 4.00PM TIMESHEET
- 9 HOLES - SCRAMBLE/TEAM EVENT
- JUNE/JULY - DATE & LOCATION TBC
- AUGUST/SEPTEMBER - DATE & LOCATION TBC

HANDICAPS:

YOUR FIRST HANDICAP WILL BE AVAILABLE AT SIGMOID HQ THROUGH THE TRACKMAN SIMULATOR SOFTWARE. THIS WILL BE YOUR GOLF HANDICAP FOR OUR OUTINGS (SOMETIMES CALLED A "SOCIETY HANDICAP").

THE FOLLOWING STEPS WILL NEED TO BE FOLLOWED TO GAIN YOUR HANDICAP: (YOU MAY NOT NEED TO TAKE THEM ALL IF YOU HAVE SOME GOLF EXPERIENCE. BUT, NO HARM RUNNING THROUGH THEM TO BE COMFORTABLE!)

- STEP 1: USE THE LIST PROVIDED OF SHORT/ACADEMY COURSES TO PLAY AND MAKE SURE YOU ARE COMFORTABLE WITH BEGINNING AND FINISHING 9 HOLES. WHEN YOU CAN PLAY THE SHORT/ACADEMY COURSES IN DOUBLE PAR (I.E TAKE 6 STROKES OR LESS AT A PAR 3), THEN MOVE ON TO THE NEXT STEP. THE TOTAL DISTANCE OF THE 9 HOLES SHOULD BE AROUND 1,500 YARDS.
- STEP 2: MOVE ON TO A LOWER DIFFICULTY, FULL 18 HOLE COURSE, OF WHICH WE WILL LARGELY PLAY EITHER THE FRONT 9 OR THE BACK 9. THE TOTAL DISTANCE HERE WILL BE AROUND 2,700 YARDS FOR 9 HOLES. THIS IS A FULL LENGTH WOMEN'S COURSE! AS PER THE ABOVE, WHEN YOU CAN PLAY IN LESS THAN DOUBLE THE PAR, YOU ARE DEEMED READY TO GO FOR YOUR HANDICAP.
- STEP 3: DOWNLOAD THE TRACKMAN APP AND LOG IN WHEN YOU ARE AT HQ. AS LONG AS THE GIMMES ARE INSIDE THE 12 FOOT RANGE, MULLIGANS ARE TURNED OFF, AND YOU COMPLETE THE 9 HOLES, THE SYSTEM WILL LOG YOUR SCORE AND WILL CREATE YOUR HANDICAP! THEREAFTER, EVERY TIME YOU REGISTER FOR A ROUND (REMEMBER TO INPUT EITHER THE FRONT 9 OR THE BACK 9 ONLY) YOUR HANDICAP WILL ADJUST AUTOMATICALLY.



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FEES:

ANNUAL MEMBERSHIP: €479.00

- **5x** INDIVIDUAL 30 MINUTE LESSONS (BECAUSE WE WANT YOU TO IMPROVE AND IT'S HARD TO COORDINATE EVERYONE INTO GROUP TIMES).
- **2x** SUMMER SUNDAY OUTINGS (JUNE/JULY AND AUGUST/SEPTEMBER).
- **12x** MONTHLY MEDALS. FUN/TOURNAMENT ROUND OF GOLF AT HQ. MIDDLE OF EACH MONTH. YOU PICK WHAT SUITS YOU BEST, SATURDAY OR SUNDAY.
- **1x** WEEKLY 30 MINUTE PRACTICE SLOT ON A TRACKMAN SIMULATOR (PLUS YOUR PUTTING PRACTICE ON TOP OF THIS).
- PRIZES AT OUTINGS.

SUMMER MEMBERSHIP (MAY 1 - SEPTEMBER 31) : €269.00

- **2x** INDIVIDUAL 30 MINUTE LESSONS
- **2x** SUMMER SUNDAY OUTINGS (JUNE/JULY AND AUGUST/SEPTEMBER).
- **5x** MONTHLY MEDALS. FUN/TOURNAMENT ROUND OF GOLF AT HQ. MIDDLE OF EACH MONTH. YOU PICK WHAT SUITS YOU BEST, SATURDAY OR SUNDAY.
- **1x** WEEKLY 30 MINUTE PRACTICE SLOT ON A TRACKMAN SIMULATOR (PLUS YOUR PUTTING PRACTICE ON TOP OF THIS).
- PRIZES AT OUTINGS.

WINTER MEMBERSHIP (OCTOBER 1 - APRIL 30) : €269.00

- **3x** INDIVIDUAL 30 MINUTE LESSONS
- **7x** MONTHLY MEDALS. FUN/TOURNAMENT ROUND OF GOLF AT HQ. MIDDLE OF EACH MONTH. YOU PICK WHAT SUITS YOU BEST, SATURDAY OR SUNDAY.
- **1x** WEEKLY 30 MINUTE PRACTICE SLOT ON A TRACKMAN SIMULATOR (PLUS YOUR PUTTING PRACTICE ON TOP OF THIS).
- PRIZES AT OUTINGS.



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EXTRA COSTS WOULD BE:

- CLUB PURCHASE, IF YOU NEED A SET (7 CLUB SPECIAL).
- GOLF TRIP IN THE AUTUMN, IF YOU WANT TO COME!
- BRING A FRIEND - YOU CAN BRING A FRIEND TO PLAY ONE OF THE EVENTS AT HQ, OR TO ATTEND YOUR PRACTICE SESSIONS, FOR JUST €10.00 EACH TIME - SUBSTITUTES ARE ALLOWED IN OUR TEAM COMPS.
- SOCIAL NIGHTS AT SIGMOID HQ, YOU CAN BRING A FRIEND/PARTNER, TICKETS WILL BE ON SALE AND INCLUDE FOOD AND BEVERAGE / ENTERTAINMENT. WE ARE PLANNING FOR 3 PER YEAR. THEY WILL BE FRIDAY NIGHTS, AND WILL BE ALSO WHERE PRIZES ARE HANDED OUT.
- YOGA/PILATES/GUEST SPEAKER EVENTS (VERY NOMINAL TICKET PRICE FOR LOGISTIC PURPOSES).
- SWGC BRANDED CLOTHING.

IF YOU HAVE ANY QUESTIONS, OR WOULD LIKE TO SIGN UP,
PLEASE EMAIL US AT [**SWGC@SIGMOIDHQ.COM**](mailto:SWGC@SIGMOIDHQ.COM)

@SIGMOIDWOMENSGOLFCLUB

01-558-4817

THE PLAZA, BEACON SOUTH QUARTER, SANDYFORD, DUBLIN

